

Marilyn Michaelson Senior Center of Bloomfield – May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
SATURDAY, MAY 5 New Haven Flea Market SUNDAY, MAY 20 Golden Corral Restaurant MAY 31 - JUNE 3 Celebrate Bloomfield	1 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo 10:00 Diabetes Program 10:45 Chair Yoga 11:00 Knitting 12:00 Pickleball 1:00 Line Dancing / Mahjongg Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	2 9:30 Music Makers 9:30 Bridge 11:00 55+ Basketball 11:30 Chair Pilates & Toning 1:30 Caregiver/Bereavement Support 1:30 Bingo Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	3 FOXWOODS CASINO 9:00 Painting 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Tai Chi 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	4 9:30 Fiber Arts 10:00 Coloring 10:30 Book Club 10:30 Woman of Hope 11:30 Aerobics 4:30 Happy Hour+ Senior Comm. Cafe Senior Center Walkers/Billiards
7 Piano Lessons 9:30 Mother’s Day Program 10:30 Aging Mastery 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting 1:30 Coloring Senior Center Walkers/Billiards	8 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo 10:00 Diabetes Program 10:45 Chair Yoga 11:00 Knitting 11:30 Blood Pressure Screenings 12:00 Pickleball 12:45 FoodShare 1:00 Line Dancing / Mahjongg Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	9 9:00 Blood Pressure Screenings 9:30 Music Makers 9:30 Bridge 11:30 Chair Pilates & Toning 11:00 55+ Basketball 1:30 Bingo Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	10 TRAVELERS CHORALE 9:00 Painting 9:00 Bishops Corner 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Tai Chi 1:00 Hebrew Health Care 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	11 9:30 Fiber Arts 10:00 Coloring 10:30 Book Club 10:30 Woman of Hope 11:30 Aerobics Senior Comm. Cafe Senior Center Walkers/Billiards
14 Piano Lessons 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting 1:30 Coloring WalMart (East Windsor) Senior Center Walkers/Billiards	15 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo 10:00 Diabetes Program 10:45 Chair Yoga 11:00 Knitting 12:00 Pickleball 1:00 Line Dancing / Mahjongg 1:30 Movie <i>The Mountain Between Us</i> Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	16 9:00 Blood Pressure Screenings 9:30 Music Makers 9:30 Bridge 11:00 55+ Basketball 11:30 Chair Pilates & Toning 1:30 Bingo Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	17 NORWICH INN & SPA 9:00 Painting 9:00 Enfield Motor Vehicle Dept. 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Lunch Bunch - Maine Fish 11:00 Tai Chi 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	18 9:30 Men’s Breakfast 9:30 Fiber Arts 10:00 Coloring 10:30 Book Club 10:30 Woman of Hope 11:30 Aerobics Senior Comm. Cafe Senior Center Walkers/Billiards
21 Food Care Clinic Piano Lessons 10:30 Aging Mastery Graduation 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting 1:30 Coloring WestFarms Senior Center Walkers/Billiards	22 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo / Diabetes Program 10:45 Chair Yoga 11:00 Knitting 11:30 Blood Pressure Screenings 12:00 Pickleball 12:45 FoodShare 1:00 Line Dancing / Mahjongg Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	23 9:30 Music Makers 9:30 Bridge 11:00 55+ Basketball 11:30 Chair Pilates & Toning 1:30 Bingo Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	24 NEWPORT CABARET 9:00 Painting 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Tai Chi 11:30 6th Annual Casual Prom 12:00 AARP Mature Driver 1:00 Aldi - West Hartford 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	25 WESTBROOK OUTLET STORES 9:30 Fiber Arts 10:00 Coloring 10:30 Woman of Hope 11:30 Aerobics 5:00 Red Hot Honeys Senior Comm. Cafe Senior Center Walkers/Billiards
28 TOWN-OBSERVED HOLIDAY Memorial Day Parade	29 9:00 Nurse Screenings 10:00 “Mini” Bingo 10:00 Diabetes Program Walk This Week Senior Comm. Café/ Ida’s Shoppe/Billiards	30 Walk This Week Senior Comm. Café/ Ida’s Shoppe/Billiards	31 9:00 Hartford Social Security Admin. 11:30 Luncheon at Bloomfield High School 6:00 Paint Night at Town Hall Walk This Week Billiards	