

# Marilyn Michaelson Senior Center of Bloomfield – June 2018

Monday		Tuesday		Wednesday		Thursday		Friday	
June 1-3 Celebrate Bloomfield Sat., June 9 Taste of Mystic Sun., June 24 Yankee Candle								1 CELEBRATE BLOOMFIELD National Health & Fitness Walk 10:00 Coloring 10:30 Woman of Hope 10:30 Book Club Senior Comm. Cafe Senior Center Walkers/Billiards	
4 MOHEGAN SUN Piano Lessons 9:00 Drawing for FitBit 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting 1:30 Coloring 3:30 Duncaster Aqua Fit  Walmart East Windsor  Senior Center Walkers/Billiards		5 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 "Mini" Bingo / Diabetes Program 10:45 Chair Yoga 11:00 Knitting 12:45 FoodShare 1:00 Line Dancing 1:00 Mahjongg  Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		6 9:30 Music Makers 9:30 Bridge 11:00 55+ Basketball 11:30 Chair Pilates & Toning 1:30 Caregiver/Bereavement Support 1:30 Bingo  Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		7 PLYMOUTH, MA FISHING TRIP  9:00 Painting 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Tai Chi 1:00 Bishops Corner/Big Y 1:00 Hebrew Health Care 1:30 Duncaster Water Walking  Senior Center Walkers/Billiards		8  9:30 Fiber Arts 10:00 Coloring 10:30 Woman of Hope 10:30 Book Club 11:30 Aerobics  Senior Comm. Cafe Senior Center Walkers/Billiards	
11 Piano Lessons 11:30 Aerobics 11:30 Lunch Bunch - <i>Red Lobster</i> 1:30 Keep Your Life in Balance 1:30 Painting 1:30 Coloring 3:30 Duncaster Aqua Fit  Buckland Mall  Senior Center Walkers/Billiards		12 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 "Mini" Bingo 10:00 Diabetes Program 11:00 Knitting 12:00 Pickleball 1:00 Line Dancing 1:00 Mahjongg  Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		13 9:00 Blood Pressure Screenings 9:30 Music Makers 9:30 Bridge 11:00 55+ Basketball 11:30 Chair Pilates & Toning 1:30 Bingo  Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		14  9:00 Painting 9:00 Price Rite - Windsor 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Tai Chi 1:30 Duncaster Water Walking  Senior Center Walkers/Billiards		15  9:30 Father's Day Men's Breakfast 9:30 Fiber Arts 10:00 Coloring 10:30 Woman of Hope 10:30 Book Club 10:30 Low Vision Support 11:30 Aerobics  Senior Comm. Cafe Senior Center Walkers/Billiards	
18  Piano Lessons 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting 1:30 Coloring 3:30 Duncaster Aqua Fit  Berlin Turnpike  Senior Center Walkers/Billiards		19 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 "Mini" Bingo 10:45 Chair Yoga 11:00 Knitting 11:30 Blood Pressure Screenings 12:45 FoodShare 1:00 Line Dancing 1:00 Mahjongg 1:30 <i>Movie So Be It</i> Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		20 9:30 Music Makers 9:30 Bridge 11:30 Chair Pilates & Toning 1:30 Bingo  Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		21 9:00 Painting 9:00 Motor Vehicle Dept - Enfield 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Tai Chi  Senior Center Walkers/Billiards		22  9:30 Fiber Arts 10:00 Coloring 10:30 Woman of Hope 10:30 Book Club 11:30 Aerobics  Senior Comm. Cafe Senior Center Walkers/Billiards	
25  Piano Lessons Foot Care Clinic 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting 1:30 Coloring 3:30 Duncaster Aqua Fit  West Farms Mall  Senior Center Walkers/Billiards		26 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 "Mini" Bingo 10:45 Chair Yoga 11:00 Knitting 1:00 Line Dancing 1:00 Mahjongg 4:30 Annual Painting Reception  Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		27 9:30 Music Makers 9:30 Bridge 11:30 Chair Pilates & Toning 1:30 Bingo  Senior Comm. Café/ Ida's Shoppe Senior Center Walkers/Billiards		28 YARD GOATS  9:00 Painting 9:00 AARP Mature Driver 9:00 Hartford Social Security 9:30 Be Fit & Have Fun 10:45 Reminiscences 11:00 Tai Chi  Senior Center Walkers/Billiards		29  9:30 Fiber Arts 10:00 Coloring 10:30 Woman of Hope 10:30 Book Club 11:30 Aerobics  Senior Comm. Cafe Senior Center Walkers/Billiards	