

Marilyn Michaelson Senior Center of Bloomfield – February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 9:00 Painting 9:30 Be Fit & Have Fun 11:00 Tai Chi 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	2 9:30 Fiber Arts 10:00 Coloring 10:30 Book Club 10:30 Woman of Hope 11:30 Aerobics Senior Comm. Cafe Senior Center Walkers/Billiards
5 MOHEGAN SUN CASINO Piano Lessons 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting East Windsor WalMart Senior Center Walkers/Billiards	6 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo 10:45 Chair Yoga 11:00 Knitting 1:00 Line Dancing 1:00 Mahjongg Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	7 9:00 AARP Tax Aide 9:30 Music Makers 9:30 Bridge 11:30 Chair Pilates & Toning 1:30 Bingo 1:30 Caregiver/Bereavement Support Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	8 9:00 Enfield Motor Vehicle Dept. 9:00 Painting 9:30 Be Fit & Have Fun 11:00 Lunch Bunch - Saybrook Fish House 11:00 Tai Chi 1:00 Windsor Price Rite 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	9 9:30 Fiber Arts 10:00 Coloring 10:30 Book Club 10:30 Woman of Hope 11:30 Aerobics 5:30 Paint Night Party Senior Comm. Cafe Senior Center Walkers/Billiards
12 Piano Lessons 11:30 Aerobics 1:30 Keep Your Life in Balance Charter Oak Marketplace Senior Center Walkers/Billiards	13 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo 10:45 Chair Yoga 11:00 Knitting 11:30 Blood Pressure Screenings 12:45 FoodShare 1:00 Line Dancing 1:00 Mahjongg Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	14 9:00 AARP Tax Aide 9:00 Blood Pressure Screenings 9:30 Music Makers 9:30 Bridge 11:30 Chair Pilates & Toning 1:30 Bingo Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	15 9:00 Painting 9:30 Be Fit & Have Fun 11:00 Tai Chi 1:00 Bishops Corner 1:00 Hebrew Health Care 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	16 9:30 Fiber Arts 10:00 Coloring 10:30 Book Club 10:30 Woman of Hope 11:30 Aerobics 1:30 Red Hot Honeys Senior Comm. Cafe Senior Center Walkers/Billiards
19 TOWN-OBSERVED HOLIDAY	20 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo 10:45 Chair Yoga 11:00 Knitting 1:00 Line Dancing 1:00 Mahjongg 1:30 Movie “The Hero” Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	21 9:00 AARP Tax Aide 9:00 Blood Pressure Screenings 9:30 Music Makers 9:30 Bridge 11:30 Chair Pilates & Toning 1:30 Bingo Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	22 CT FLOWER SHOW 9:00 Hartford Social Security Admin. 9:00 Painting 9:30 Be Fit & Have Fun 11:00 Tai Chi 1:30 Duncaster Water Walking Senior Center Walkers/Billiards	23 9:30 Men’s Breakfast 9:30 Fiber Arts 10:00 Coloring 10:30 Book Club 10:30 Woman of Hope 11:30 Aerobics Senior Comm. Cafe Senior Center Walkers/Billiards
26 Piano Lessons Foot Care Clinic 11:30 Aerobics 1:30 Keep Your Life in Balance 1:30 Painting Windsor Target Senior Center Walkers/Billiards	27 9:00 Nurse Screenings 9:30 Be Fit & Have Fun 9:30 Multi-Media Drawing 10:00 “Mini” Bingo 10:45 Chair Yoga 11:00 Knitting 11:30 Blood Pressure Screenings 12:45 FoodShare 1:00 Line Dancing 1:00 Mahjongg Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	28 9:00 AARP Tax Aide 9:30 Music Makers 9:30 Bridge 11:30 Chair Pilates & Toning 1:30 Bingo Senior Comm. Café/ Ida’s Shoppe Senior Center Walkers/Billiards	SATURDAY, FEBRUARY 10 MIDDLEBURY CONSIGNMENT SUNDAY, FEBRUARY 18 LENNY & JOE’S FISH TALE	