Come bloom with us!

What’s Inside

- Special Events
- Bus Trips
- Youth Activities & Sports
- Adult Activities
- Community Gardens
- Mad Science Workshops
- Ice Skating at Filley Pond

Register On-Line @ www.Bloomfieldrec.com
## Contact Information

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<th>First / Last Name (Parent or Guardian)</th>
<th>Address</th>
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### Waiver of Participant or Self and Photo Release

In consideration of my child's / ward's participation in the Town of Bloomfield Leisure Services Programs, including travel, I / we the undersigned do hereby agree for myself / ourselves, my / our child, ward, heirs, executors, administrators, and legal representatives that there are inherent risks involved in Town of Bloomfield Leisure Services programs. 1) I / we, for myself / ourselves and for my / our child, ward heirs, assignee(s), successors, executors, administrator(s), and legal representatives, acknowledge that such activities are potentially hazardous and pose a risk of injuries that can be significant and that I assume such risks. 2) I / we, for myself / ourselves and for my / our child, ward, heirs, assigns, successors, executors, administrators, and legal representatives, agree to defend, indemnify and hold harmless Town of Bloomfield and its agents, servants or employees from any and all claims, suits or demands by anyone arising my / our child's / ward's use of the Town of Bloomfield facilities and equipment. 3) I / we, for myself / ourselves and for my / our child, ward, heirs, assigns, successors, executors, administrators, and legal representatives, hereby release the Town of Bloomfield and its agents, servants or employees for damages for personal injury sustained by my / our child / ward while using the Town of Bloomfield facilities and equipment. I / we have read this waiver, hold harmless agreement and release of liability and fully understand its terms. I / we attest that the above information is correct and that my son / daughter is in good health and physically able to participate in Bloomfield Leisure Department Programs. I / we authorize the release of any medical information necessary for the Bloomfield Leisure Services Department, The Early Learning Center, or The Bloomfield Extensions program to process my child's registration in either recreation programs or Before & after care services. I / we authorize all representatives of the Bloomfield Leisure Services Department to act on my /our behalf for the purpose of obtaining emergency medical treatment for the registrant. Please note: Insurance: All persons participating in Leisure Services programs should carry their own personal health insurance. The Town of Bloomfield is not responsible for personal injuries. Participants in all department sponsored programs do so at their own risk. Only those enrolled in the program may attend. Photo Policy: By registering for a program, you give the Bloomfield Leisure Services Department permission to take and use photos of you/your child participating in the program for the department's promotional purposes. If you don't want to have you/your child's photo used in promotions, you must include this request in writing along with the registration form. The Town of Bloomfield's child and youth programs are not licensed by the Office of Early Childhood.

### Parent / Guardian Signature / Self

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<th>Parent / Guardian Signature / Self</th>
<th>Print Name</th>
<th>Date</th>
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When to Register
It is recommended that individuals register as soon as possible since space is limited. Non-Resident adults may register for instructional classes for an additional fee. All other programs are for the exclusive enjoyment of Bloomfield residents.

Register online at: www.bloomfieldrec.com

By Mail or Walk-in
In order to ensure your registration for programs, your registration must be received by the Leisure Services Office one week prior to the first class of the program you want to attend, unless otherwise noted. Registrations may be made mailed in to the following address:

Bloomfield Leisure Services Department
330 Park Avenue
Bloomfield, CT 06002

Payment
Check or money order. No cash should be sent through the mail. Cash and credit cards including Discover, Mastercard & Visa are accepted for all registrations. Make checks payable to the Bloomfield Leisure Services Department. Registrations are ONLY processed at time of payment.

Residency
All Youth Programs are for residents unless otherwise noted. Non-residents may attend classes as indicated at an additional fee. Proof of residency requirements:

Adults - Adults may use the following forms of Identification to prove residency: Driver’s License, Car Registration, Auto Insurance Card, A utility bill (electric, gas or cable major credit card bill).

Youth 17 & Under - Enrollment in Bloomfield Public School or eligibility to attend a Bloomfield Public School.

***Register Early***
Please keep in mind most classes require a minimum number of registrants for the activity to take place. If that requirement is not fulfilled three days prior to the start of that program, the activity will be cancelled. Registration is on a first-come, first-serve basis and class sizes are limited. It is important you sign up early for programs to make sure you get a spot in the activity and to ensure the activity is not cancelled.

Notification
Depending on how you register for programs will determine how you will be notified. If you register in person, you will receive a receipt of your transaction. If you register online or by mail you will be emailed a receipt for the activities you registered for. If your program is cancelled for any reason, you will receive a phone call from the Leisure Services Department to inform you of the cancellation and your refund options.

Refund Policy
Refunds for programs will be given only if a recreational activity is cancelled due to lack of registration or a department activity schedule change is made. Refunds for recreational activities will be given for proven medical reasons. However, refunds must be requested before the first activity period and must be put in writing. Once an activity begins there will be no refunds for that program. Checks returned for insufficient funds will be charged an additional $25.
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The Bloomfield Leisure Services Department has made every effort to prepare this publication as accurately as possible. However, errors may make it into print and circumstances may require program adjustments to fees, schedules, etc. We reserve the right to make such changes. We apologize in advance should you find an error or for any inconvenience these errors or adjustments may cause.
Leisure Services Mission
The Bloomfield Leisure Services Department is committed to providing quality recreational opportunities, preserving natural resources, and managing a comprehensive system of parks and facilities dedicated to enriching the lives of a diverse and changing community.

Bloomfield Leisure Services
Alvin & Beatrice Wood
Human Services Center
330 Park Avenue
Bloomfield, CT 06002

Phone Numbers
Leisure Office  860-243-2923
Leisure Fax-  860-242-4267
Youth Center  860-769-3566

Office Hours
Monday - Friday
9:00 AM - 5:00 PM

Website Information
Town of Bloomfield website
www.bloomfieldct.gov
Bloomfield Leisure Services online registration
www.bloomfieldrec.com

Program Suggestion
If you have an idea for a program or have seen a program elsewhere that you would like to see in Bloomfield contact Matthew Mace at 860-243-2923 or MMace@bloomfieldct.org

Leisure Services Staff
David Melesko
Director of Leisure Services
Matthew Mace
Assistant Director of Leisure Services
Melissa Satchell
Administrative Analyst II
Taij Howe
Clerk Typist II

Recreation Committee
Louis Blumenfeld (D)   Gail Nolan (R)   Lincoln L. Anderson (UA)
Donna Banks (D)
Paula M Jones (D)
Orindel O. Kidd (D)

Bloomfield Leisure Services Holidays
It is the policy of the Bloomfield Leisure Services Department to curtail or cancel regularly scheduled recreation programs and activities on the following dates:
Christmas Day - Wednesday, December 25th
New Year’s Day - Wednesday, January 1st
Martin Luther King Day, Monday January 20th
President’s Day, Monday February 17th
Good Friday, Friday April 10th
### Bloomfield Facilities, Parks & Schools

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<th>Baseball / Softball</th>
<th>Basketball</th>
<th>Cricket Fields</th>
<th>Fishing</th>
<th>Football</th>
<th>Golf</th>
<th>Hiking / Walking</th>
<th>Little Free Libraries</th>
<th>Monuments / Memorials</th>
<th>Green Space</th>
<th>Picnic Areas</th>
<th>Pavilion</th>
<th>Playground</th>
<th>Boundless Playground</th>
<th>Soccer</th>
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### Ice Skating at Filley Pond

- Weather conditions permitting, unsupervised ice skating takes place from dawn to dusk.
- No supervisor on duty, for emergency please call 911.
- Common rules of safety and courtesy should be followed.
- Only individuals wearing ice skates, with the exception of adults assisting children skating are permitted on the ice.
- Foreign objects such as (snowballs, sticks, bottles, rocks) are not permitted on the ice. Milk crates are acceptable for teaching purposes.
- Slides and Skis as well as other non-skating equipment is not permitted on the ice.
- Hockey playing is not permitted on the ice.
- Whips, tug-o-wars, pushing, speeding, and other unsafe behavior is not permitted.
- Alcoholic beverages and illegal drugs are prohibited.

Please call 860-243-2923 for latest skating conditions, Monday - Friday from 9:00 AM - 5:00 PM.
Mommy & Me Gym Time Sponsored by the Family Resource Center (FRC)

Open gym time for parents, day care providers and pre-schoolers to spend quality playtime together. Visit with other FRC Family Resource Center parents while your children play together. Social time is important for everyone. Mats & soft balls will be available.

Times: 10:00 AM - 12:00 PM
Dates: Thursdays, now - May 7th
Fee: Free
Location: Alvin & Beatrice Wood Human Services Center - Gym

Family Bingo

Bloomfield families are welcome to join us for an exciting night of bingo and refreshments. Prizes will be awarded throughout the evening. Children must be 5 years of age or older and must be accompanied by a parent. Pre-registration required by Thursday, January 23rd & March 12th.

Who: Bloomfield Families
Date: Friday, January 24th
      Friday, March 13th
Time: 7:00 PM (until prizes run out)
Fee: $5 / person
Location: Alvin & Beatrice Wood Human Services Center - Great Room

Paint Night Party

We are partnering up with Senior Services to present a fun-filled, “create your very own work of art” paint night party! Make it a family event or bring a friend. No experience necessary. We will provide supplies and light refreshments; Artist and Multi-media Exploration Instructor: Karen Wright will explain what to do and you will go home with your original work of art! Register either at Leisure Services or with Senior Services.

Who: Families
Time: 5:30 PM
Date: Friday, February 7th
      Friday, May 8th
Fee: $15 / participant
Instructor: Karen Wright
Location: Alvin & Beatrice Wood Human Services Center - Activity Rooms 3 & 4

Family Game Night

Bring the family to the Alvin & Beatrice Wood Humans Services Center for a night of games, pizza and fun! Enjoy a vast variety of new and classic board games, billiards, table tennis, giant connect four, or try out our X-Box or Mario Kart on the Nintendo Switch. Pre-registration required by Wednesday, February 19th & April 22nd.

Who: Bloomfield Families
Date: Friday, February 21st
      Friday, April 24th
Time: 6:00 PM - 8:00 PM
Fee: $5 / Family
Location: Alvin & Beatrice Wood Human Services Center - Youth Center

The Boston Flower & Garden Show

The Boston Flower and Garden show is the biggest horticultural happening in Boston that will provide the tools and inspiration to kick off the season in style. The show will be the best gathering place for all the professionals related to horticulture and for those who love flowers and plants, gardens and landscape design. Leisure time for shopping at Quincy Market, Newbury St, Copley Place and Downtown Crossing will be provided. Pick up time and location will be determined by tour provider Silver Mills tours.

Who: Everyone
Date: Saturday, March 14th
Time: TBD
Fee: $100 / adults
Location: Boston, MA

Eggstravaganza

Bloomfield families are welcome to join us for a fun-filled day of craft projects, small games, and candy contests. **Children must be accompanied by a parent / guardian.** (Families must register by Wednesday, April 1st)

Who: Bloomfield Families
Time: 11:00 AM (doors shut at 11:20 AM)
Date: Saturday, April 4th
Fee: $2 / per child
Location: Alvin & Beatrice Wood Human Services Center - Youth Center

Stormville Airport Antique Show & Flea Market

Enjoy a family-friendly atmosphere with over 600 vendors from more than 8-states, there is always something new and exciting at the Stormville Flea Market. Shoppers come here to discover everything and anything antiques and collectibles to arts and crafts. Come join us at the Stormville Flea Market for great shopping, great food, and a great family fun experience this Hudson Valley tradition for yourself! Pick up time and location will be determined by Silver Mills Tours after registration.

Who: Everyone
Date: Saturday, April 25th
Time: TBD
Fee: $90 / person
Location: Stormville, NY
Little Hands Big Things Winter Workshop
Playing with watercolors creating a winter theme. One project will be for the art display at Wintonbury Mall and the other you will take home.  (Pre-registration required)
Who: Children All Ages
Date: Saturday, January 18th
Time: 10:30 AM - 12:30 PM
Fee: Free
Instructor: Tatiana Ponder
Location: Alvin & Beatrice Wood Human Services Center - Picasso Room 149

Mad Science Winter Workshops
There are two 30 minute back to back workshops. The children perform experiments, and participate in demonstrations and get a take home item at the end of the program.
Digging for Dinosaurs - Kids are introduced to the differences between meat-eating and plant-eating animals. They have the opportunity to look at some dinosaur teeth up close and work as paleontologists, by participating in a mini dinosaur dig that engages their attention and helps them improve their scientific knowledge. Space Frontiers - Take your class on a trip through the solar system and sign them up for the Mad Science Astronaut in Training Program, where they will learn all about the elements of space. Students will even get to take their very own mini rocket home.
Who: Children Ages 3 - 5
Dates: Saturday, January 25th
Times: 10:00 AM - 11:15 AM
Fee: $20 / workshop
Instructor: Mad Science
Location: Alvin & Beatrice Wood Human Services Center

Little Hands Big Things Spring Workshop
Create your flower on the paper to take home and participate in creating a giant flower drawing for the display at Wintonbury Mall display case.  (Pre-registration required)
Who: Children All Ages
Date: Saturday, March 14th
Time: 10:30 AM - 12:30 PM
Fee: Free
Instructor: Tatiana Ponder
Location: Alvin & Beatrice Wood Human Services Center - Picasso Room 149

Mad Science Spring Workshops
There are two 30 minute back to back workshops. The children perform experiments, and participate in demonstrations and get a take home item at the end of the program.
Sea, Sand & Surf - Children explore the science of the sea and learn about what sand is made from, how shells are used by animals for protection, and what animals live in the ocean. They make their own ocean bottle to take home.
Mad Mixtures - Interactive and hands-on activities give preschoolers an introduction to mixtures, Volcanos and the science of chemistry.
Listen Closely - This workshop introduces kids to the science behind the sounds all around them. Kids experiment with a wave motion model and a twirling tube to help them understand that sound travels in waves and can be heard in a variety of pitches. They also learn about the everyday materials that make a variety of special effects noises in the movies and create their own special effects sounds.
Let's Look Closely - Children discover a world that they might not have realized was there, through the use of mirrors, microscopes, and magnifying glasses. They reveal hidden pictures, learn about reflection and symmetry, and use handheld microscopes to observe objects closely.
Who: Children Ages 3 - 5
Dates: Sea, Sand & Surf & Mad Mixtures - Saturday March 7th
Listen Closely & Look Closely - Saturday, April 18th
Times: 10:00 AM - 11:15 AM
Fee: $20 / workshop
Instructor: Mad Science
Location: Alvin & Beatrice Wood Human Services Center

American Red Cross Adult & Pediatric First Aid/CPR/AED
The Adult and Pediatric First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and Pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.
Who: Ages 12 & up
Time: 9:00 AM - 2:00 PM
Dates: Ses 1: Saturday, February 22nd & 29th
Ses 2: Saturday, March 21st & 28th
Fee: $95 / participant
Location: Alvin & Beatrice Wood Human Services Center - Activity 3 - Room 132
After School at the Youth Center

After School Drop-in at the Youth Center

After school at the Youth Center is a program for youth in grades 5-8 operating Monday - Friday from 3:00 PM - 6:00 PM at the Community Center. Parents will be responsible for transportation to and from the program. Many recreational activities will be available for the children including sports, arts & crafts and video games. Children will also have access to a dedicated homework time with limited homework assistance provided by staff. There is no program during school holidays or vacations. The Drop-in program includes a membership fee and parents will need to complete a pick-up authorization and Medical History form. Children will sign into the program and will be supervised by Leisure Service’s Staff.

Who: Grades 5 - 8
Times: 3:00 PM - 6:00 PM
Dates: Mon - Fri, January 13th - June 5th
Fee: $100 / participant
(No Program - 1/20, 2/17, 2/18, 4/10, 4/13 - 4/17, 5/25, 5/26)
Location: Alvin & Beatrice Wood Human Services Center - Youth Center

Spring Break Camp

Looking for something to do during Spring Break? Join us at the Alvin & Beatrice Wood Human Services Center for Spring Break Camp. Children in Grades K-8 will be able to do Art’s & Crafts, board games, Xbox 360, the Nintendo Switch, sports in the gym or hang out in the youth center and play pool or Air Hockey. (Parents must provide a lunch and snacks for the day and will need to complete a pick-up authorization and Medical History form.)

Who: Grades K-8
Time: 8:00 AM - 5:30 PM
Dates: Monday - Friday: April 13th - 17th
Fee: $100 / Resident $200 / Non-Resident
Location: Alvin & Beatrice Wood Human Services Center - Youth Center

Youth Center

Located at the Alvin & Beatrice Wood Human Services Center, the Youth Center is a facility strictly for youth in grades PK-12 featuring a gymnasium, a pool table an Air Hockey table, and ping pong table. The lounge area is a place for friends to hang out. If the mood strikes, participants may watch TV or videos or play one of the many board games available. The Youth Center is the home for the After School Program. At night, the center becomes a drop-in facility. Membership is required to participate in the Youth Center at a rate of $10 for the season! The schedule of hours for the Youth Center are listed below.

Who: Bloomfield Resident Youth
Fee: $10 / membership

Grades PK - 4 - Saturday 3:00 PM - 6:00 PM (parent or guardian required for participation)
Grades 5 - 12 - Tuesday 7:00 PM - 9:30 PM
Grades 5 - 12 - Wednesday, Friday, Saturday - 6:00 PM - 9:30 PM

**Please note the Youth Center is not open for Night Ball on Monday or Thursday Evenings**
Basketball Development Skills
The focus of the class will be to develop offensive and defensive skills. Each lesson will introduce one or more of the skills necessary to play the game of basketball.

Who: Children ages 3 - 8
Dates: Ses I - Tuesdays, January 28th - March 3rd
      Ses II - Saturdays, March 14th - April 25th
      (No Class 4/11)
Times: 6:30 PM - 8:00 PM - Fridays
       10:30 AM - 12:00 PM - Saturdays
Fee: $ 70
Instructor: Travis Waldon
Location: Alvin & Beatrice Wood Human Services Center - Gym

Jr NBA Skills Challenge
The Jr. NBA Skills Challenge presented by Under Armor provides boys and girls ages 13 and younger, the opportunity to showcase their fitness through dribbling, shooting, and rebounding in a skills competition in the sport of basketball. The program is free to all participants and organizations. First, second, and third place finishers in each age and gender group advance to a Regional Competition. The Regional Competition will be held in New York City at a date to be determined later. First place champion in each age and gender group from each of the eight Regional Competitions will automatically advance to the National Finals. The Regional Competition Champions will compete in the National Finals. Finalist win an all-expense paid trip to New York City, receives gift bags, attend special events, interact with NBA/WNBA/G League Players, Legends, and Draftees, and attend the 2020 NBA Draft presented by State Farm. (Must Pre-Register by Thursday, January 23rd)

Who: Children 13 and under
Time: 3:00 PM - 5:00 PM
Date: Saturday, January 25th
(Snow Date: February 1st)
Fee: Free
Location: Alvin & Beatrice Wood Human Services Center - Gym

Tennis Lessons by
The Bloomfield Tennis Club
The instructors will run the children through a series of drills, where the instructors will feed tennis balls and instruct the kids as they move through the drills. The drills will incorporate forehands, backhands, and volleys. Serves will also be worked on. The class will conclude with games, such as jail, king of the court and other games. We have instructors from the Bloomfield Tennis Club who will be teaching the lessons for us.

Who: Beginners Aged 6 - 13
Dates: Ses I - Wednesdays, January 8 – February 5
      Ses II - Wednesdays, February 12 - March 11
      Ses III - Wednesdays, March 18 - April 15
      Ses IV - Wednesdays, April 22 - May 20
Times: 5:30 PM - 6:30 PM (ages 6 - 9)
       6:30 PM - 7:30 PM (ages 10-13)
Fee: $ 100 / session
Instructor: Travis Waldon
Location: Bloomfield Tennis Club

Start Smart Basketball
Teaches children the basic motor skills necessary to play organized basketball. The program focuses on teaching children and their parents to focus on skills in dribbling, passing, and shooting. One parent must participate with the child. Each participant will receive a t-shirt and certificate at the end of the program.

Who: Children ages 3 - 7
Dates: Ses I - Fridays, February 7th – March 13th
      Ses II - Saturdays, March 21st - April 25th
      (No Class 4/11)
Times: 6:30 PM - 7:30 PM - Fridays
       9:00 AM - 10:30 AM - Saturdays
Fee: $ 50
Instructor: Travis Waldon
Location: Alvin & Beatrice Wood Human Services Center - Gym

FUTSAL Street Soccer
At Futsal and Street Soccer we only have one objective and that is to increase your personal skills to the next level. The priority in Futsal is to motivate players in an environment that is conducive to learning. The more pleasure kids derive from their participation, the more they wish to play and practice on their own. While their instinct to play is natural, there affection and appreciation for soccer must be cultivated. Equipment Required Sneakers, shin guards, and a water bottle. No cleats, Sneakers only

Who: Grades PK - 6th
Dates: Ses: 1 - Sundays, January 26th - March 1st
      Ses: 2 - Sundays, March 15th - April 26th
      (No Class 4/12)
Times: PK - 2nd - 1:00 PM - 2:00 PM
       3rd - 5th - 2:00 PM - 3:00 PM
Fee: $60
Location: Alvin & Beatrice Woods Human Services Center - Gym
Jukido Jujitsu

Is an authentic and traditional take on realistic self-defense. Taking old concepts from the era of Samurai and Shogun to fit modern times. From simple sleeve grabs to escape, to escalation of throws, take downs, holds, chokes and containment. Jukido helps you think outside the box to assess your options and situation to help defuse or taking action. Jukido is for everyone and anyone; children, adults, young and old. Jukido was created with the mind set, “if it does not work for everyone, its not in the system.” For more information, contact Sensei Philip Brennan at bloomfieldjukido@yahoo.com.

Who: 6 to 15 & 16 and up
Dates: Ses I: Saturdays, January 11th - February 29th
       Ses II: Saturdays, March 14th - May 2nd
       (No Class April 11th)
Time: 10:00 AM - 11:00 AM (6-15)
       12:00 PM - 1:00 PM (16 & up)
Fee: $40 / resident $50 / non-resident
Instructor: Philip Brennan
Location: Alvin & Beatrice Wood Human Services Center - Get Fit Room - Room 150

NIA Arts Multicultural Dance

These weekly dance classes will take you on a tour around the world focusing on techniques stemming from Africa and translated across the African Diaspora. Dance styles include Traditional West African, Afrobeats, Modern, Jazz, Dance Hall, Soca, and Hip Hop. Come ready to explore movement and express yourself creatively. The class is for all levels of experience.

Who: Ages 13 & Up
Time: 6:00 PM - 7:00 PM
Dates: Wednesday, Dec 11th - April 1st
Instructor: Various
Fee: Weekly: $10/ Monthly: $35/
     Full Session: $100/ Resident $120/ Non-Resident
Location: Alvin & Beatrice Wood Human Services Center - Get Fit - Room 150

Little Chefs

Aspiring young cooks; Grades 2 - 8. Learn fun and easy cooking: Learn to make delicious recipes, from main courses to desserts and snacks, with plenty of tasting along the way. This is a very hands on class! Class size limited to 12

Who: Grades 2 - 8
Dates: Ses I - Wednesdays, January 8th - February 12th
       Ses II - Wednesdays, March 4th - April 8th
       Ses I - Wednesdays, April 22nd - May 27th
Times: 6:00 PM - 7:30 PM
Fee: $30 / child
Instructor: Rosalind Best
Location: Alvin & Beatrice Wood Human Services Center - Cooking Classroom - Room 151

What’s Cooking in the Kitchen

This series is guaranteed to be fun for those in 3rd-8th grade. Each week our menu will feature a color theme, and all of the cooking will utilize ingredients that are of that week’s color. In addition, each session will be hands on, and inspiring with ample time to taste test and share! At the end of the series, your children will be leaving with a new love for cooking. Having tried new and tasty foods, and best of all ready to share new recipes with the whole family. Can’t wait to see you in the kitchen!

Who: 3rd - 8th Grade
Dates: Ses. 1) January 25th - February 29th
       Ses. 2) March 14th - April 25th
       (No Class 4/11)
Time: 12:00 PM - 2:00 PM
Fee: $35 / Resident
Instructor: Elizabeth Misunas
Location: Alvin & Beatrice Wood Human Service Center - Cooking Classroom 151

Striker & Finishing Clinic

“How Scoring Goals is a Mind set...creating goals is a team commitment” Have you ever wondered how Lionel Messi, Cristiano Ronaldo and Sergio Aguero score so many goals? Well, Elvis Comrie former UConn All-American Forward, professional and US national team player and former Division 1 Head Men’s Soccer Coach Holy Cross College will be hosting a Striker’s clinic this coming winter. The clinic will address a specific skill set “Finishing in the Final third” the program will address the players that play the following positions: forward, central midfield and outside flank players. The primary focus of the sessions will address the basic fundamentals on how to strike a ball, long range, short range finishing, crossing a quality ball into the mixer from the flanks for strikers to run onto making near and far post runs inside the 18-yard box, creating combination play between the forwards and central midfield players to create shots on goal, creating shots off the dribble, creating shooting opportunities based on the movements off the ball.
Each of the players will be taken through a series of ball striking techniques, game like shooting conditions i.e. running onto a ball that is rolling away from the player to shoot on goal or adjusting your stride to strike a ball that is rolling towards the player to shoot on goal. Each of the players will be experienced multiple contact on the ball throughout the entire two hour sessions. Each of the sessions will conclude with small sided shooting games to ensure that each player is put into a competitive environment where the objective is to instilled the that “Scoring goals is a Mind set.” For further information: elviscomrie@comcast.net or (860) 985 5778 (617) 608-8644

Who: Children ages 10 - 15
When: Sundays: January 26th March 15th (registration deadline January 15th 2020
Time: 3:00 PM - 5.00 PM
Fee: $125.00 / Resident $160 Non-Resident
Location: Alvin & Beatrice Wood Human Services Center - Gym
Bloomfield Youth Sports Organizations

BLOOMFIELD JUNIOR SOCCER ASSOC. SPRING SOCCER SEASON
April 28th - June 13th
Register online at bloomfield.cjsalive.org

BLOOMFIELD TINY HAWKS
Maximum 25 wait list opportunity
For girls and boys ages 3 to 4.
No soccer experience is required.
Registration: $80.00
February 16th - April 19th
Practice days: Tuesdays & Thursdays

RECREATIONAL LEAGUE
For girls and boys ages 5 - 14.
No soccer experience is required.
Early Registration: $65.00
February 16th - March 15th
Registration: $75.00
March 16th - April 19th
Practice days: Tuesdays & Thursdays
Game days: Saturdays

~ An additional $10 late fee will be charged after Sunday, April 19th.
~ Registration closes Sunday, April 26th.
~ Multi-child registration discount rates available!!!

~ First practice Tuesday, April 28th.

TRAVEL LEAGUE
For girls and boys ages 7 – 18 who are more advanced and have previous soccer experience.
Registration: $75.00
January 27th - March 29th
~ An additional $10 late fee will be charged after Sunday, March 29th.
~ Registration closes Sunday, April 5th.
~ First practice Monday, April 6th.
~ Uniform fee is $47. Returning players can use the same uniform they are currently using.

*All Registration and uniform fees are non-refundable*

~ Register online at Bloomfield.cjsalive.org ~

Little League 2020
The Bloomfield Little League is partnering up with the Windsor Little League for the 2020 season. Children ages 5-15 are welcome and encouraged to play.

More information will be forthcoming concerning the merger. Parents looking to register their children can go to the Windsor Little League website at:

www.windsorll.com

Or Contact David Nolan at 860-286-9271
Adult Activities

Adult Basketball
Drop-In Basketball for adults 18 and older. Proof of age and residency required for registration. Register in advance of the program starting. RESIDENTS ONLY

Who: Adults
Dates: Sundays - January 19th - April 26th - 18 +
       Wednesdays - January 22nd - April 22nd - 55 +
Time: Wednesdays - 11:00 AM - 2:00 PM
       Sundays - 11:00 AM - 2:00 PM
       (No Class 4/12)
Fee: $25 Resident only
Location: Alvin and Beatrice Wood Human & Services Center - Gym

Quilters
This class will give you an opportunity to begin, find your place to continue, restart an old quilt or put the finishing touches on your projects. Classes will be once a month for 2-hrs. sessions. You can attend one class or multiple classes to reach your completion goal. Beginners will learn rotary cutting techniques, basic piecing skills including sewing through intersections while creating a rail fence block. Bring your sewing machine and general sewing supplies.

Who: Adults
Dates: Wednesdays, 3/18/20, 4/15/20, 5/13/20, 6/17/20
Time: 6:30pm - 8:30pm
Fee: $15/Resident / date $30/Non-Resident / date
     $70/Resident / $140 Non-Resident / program
Location: Alvin and Beatrice Wood Human & Services Center - Fiber Arts - Room 111

Pickleball Mornings
Pickleball is an increasingly popular sport which is much like playing Ping-Pong on a badminton court. We have 2 courts set-up for players to use.

Who: Adults 18 and up
Dates: Tuesday, January, 7th - April 28th
       Friday, January, 4th - April 30th
       Saturday, December 7th - February 28th
       (No Class 4/10)
Time: 9:00 AM - 1:00 PM
Fee: $20 / Res Membership $40 / NRes Membership
Location: Alvin & Beatrice Wood Human Services Center - Gym

Pickleball Evenings
Pickleball is an increasingly popular sport which is much like playing Ping-Pong on a badminton court. We have three courts set-up for players to use with one court being designated for beginners.

Who: Adults 18 and up
Dates: Monday, January, 6th - April 27th
       Thursday, January, 3rd - April 30th
       (No Class 1/20, 2/17, 5/25)
Time: 6:30 PM - 9:30 PM
Fee: $20 / Res Membership $40 / NRes Membership
Location: Alvin & Beatrice Wood Human Services Center - Gym

Beginner & Intermediate Pickleball Instruction & Drills
This is for players who are brand new to the sport of Pickleball or who have been playing for a year or two and want to improve beyond their basic skills. Basic rules and scoring will be taught as well as basic strategies / guidelines for game situations. Drills will focus addressing the shots utilized in game play and when to use them. NO open game play during this time.

Who: Adults 18 and up
Dates: Mondays - December 2nd - April 27th
       Wednesdays - December 4th - April 29th
       Thursdays - December 5th - April 30th
Time: Mondays & Thursdays - 5:30 PM - 6:30 PM
       Wednesdays - 10:00 AM - 12:00 PM
Fee: Pickleball Membership required
Location: Alvin & Beatrice Wood Human Services Center - Gym
Therapeutic Yoga Classes

Therapeutic yoga is a system of self-care that focuses on easy to learn yoga postures, breathing exercises and meditation that can be done anywhere and anytime to help manage stress and to promote: 1) Health and balance in the physical body 2) Efficiency in breathing and energy levels 3) Relaxation, calm and ease in the mind. Classes are easy to moderate and suitable for beginners and can be done on a yoga mat or in a chair. Please wear loose, comfortable clothing. Bring a yoga mat and a light blanket. **All levels welcome.** For more information or questions about the class, call Beth Gibbs at 860-219-1039 or Email her at bethagibbs@comcast.net

**Who:** Adults  
**Dates:** Ses I: Thursdays, January 23rd - March 12th  
Ses II: Thursdays, March 26th - May 16th  
**Fee:** $ 56 / Resident $ 66 / Non- Resident  
**Time:** 7:00 PM - 8:30 PM  
**Instructor:** Beth Gibbs  
**Location:** Alvin & Beatrice Wood Human Services Center - Band Room

Steppin’ (Chicago-Style)

For Beginners and Advanced Beginners! Come and step your way into fitness in an 8-week Chicago Style Steppin’ class. Get a good, low-impact aerobic workout while learning the fundamental footwork of this exciting dance. No partners are necessary. Equipment required: comfortable shoes, preferably with leather soles. (Women can bring flats or low heels; No sneakers).

**Who:** Adults  
**Dates:** Ses I - Mondays - January 27th - March 16th  
(No Class February 17th)  
Ses II - Mondays - March 30th - May 18th  
Ses II - Tuesday, March 31st - May 19th  
**Fee:** $ 60/Resident $ 70/non-Resident  
**Time:** 6:30 PM - 8:00 PM  
**Instructor:** Richard Harris  
**Location:** Alvin & Beatrice Wood Human Services Center - Get Fit Room 150

Walk Your Way to Health

Walk the “self-guided, indoor path” at the Community Center on your own.

**Who:** Bloomfield Residents  
**Dates:** Monday - Friday  
**Time:** 9:00 AM - 7:00 PM  
**Fee:** Free  
**Location:** Alvin & Beatrice Wood Human Services Center

Steppin’ (Chicago-Style)

For Beginners and Advanced Beginners! Come and step your way into fitness in an 8-week Chicago Style Steppin’ class. Get a good, low-impact aerobic workout while learning the fundamental footwork of this exciting dance. No partners are necessary. Equipment required: comfortable shoes, preferably with leather soles. (Women can bring flats or low heels; No sneakers).

**Who:** Adults  
**Dates:** Ses I - Tuesdays - January 28th - March 17th  
Ses II -Mondays, March 30th - May 18th  
Ses II - Tuesday, March 31st - May 19th  
**Fee:** $ 60/Resident $ 70/non-Resident  
**Time:** 6:30 PM - 8:00 PM  
**Instructor:** Richard Harris  
**Location:** Alvin & Beatrice Wood Human Services Center - Get Fit Room 150

Fierce Fitness Boot Camp

Join us for the Fierce Fitness boot camp in Bloomfield! Get your year started strong with one hour of body weight exercise, light weights, ab-work and a high-impact workout designed to burn the calories, tone, sculpt and shred those extra pounds away. Bring your towel, some water, and a mind to push through and have fun!

**Who:** Adults  
**Time:** 6:15 PM - 7:15 PM  
**Dates:** Ses I - Tuesdays & Thursdays - January 7th - February 13th  
Ses II - Tuesdays & Thurdays - February 25th - April 2nd  
**Instructor:** Ramona Chung  
**Fee:** $ 60/Resident $ 70/non-Resident  
**Location:** Alvin & Beatrice Wood Human Service Center - Gym

Where We Live - Tick’s in Connecticut

Tick-associated diseases are increasing, new diseases are being discovered, and ticks are expanding their geographic range posing an increasing risk to the public. In addition to our “deer” ticks, lone star ticks and Asian longhorned ticks represent a new threat in Connecticut. Dr. Stafford will review the epidemiology of Lyme disease and other tick-borne diseases, basic tick biology, and his research on various practical and experimental methods of tick-bite prevention and tick control.

Dr. Kirby C. Stafford Ill is Chief Entomologist of the Department of Entomology and State Entomologist at The Connecticut Agricultural Experiment Station. He joined the Experiment Station in 1987. His research area is the ecology, distribution, and control of the blacklegged tick, Ixodes scapularis, and more recently, the lone star tick, Amblyomma americanum, with a major focus on natural, biological, and integrated tick control. Dr. Stafford has authored or co-authored over 80 articles in peer-reviewed scientific journals, review chapters on tick management in two books, and produced a Tick Management Handbook and Fly Management Handbook, presented research at national and international meetings, serves on multiple regional and national tick-related committees, and given over 1,300 media interviews and public talks. Prior to coming to Connecticut, Dr. Stafford worked at Penn State. Dr. Stafford obtained his Ph.D. in medical-veterinary entomology from Texas A&M University in 1985. Dr. Stafford received a Master of Science degree in entomology at Kansas State University, and a Bachelor of Science degree in entomology at Colorado State University.

**Who:** Adults 18 and up  
**Fee:** Free  
**Time:** 6:00 PM  
**Location:** Alvin & Beatrice Wood Human Services Center - Great Room

Please save the date for our next lecture on Reptiles and Amphibians scheduled for Wednesday, July 1, 2020.  
Please save the date for our upcoming lecture on Owl’s, Hawk’s And Eagles scheduled for Wednesday, September 16, 2020.
Community Gardens At LaSalette

The LaSalette Community Gardens is a private / public collaboration between the Wintonbury Land Trust and Community Partners. Plots will be available on a first come, first serve basis and will feature 12 Garden Plots with one 4’ x 20’ raised beds. The Community Gardens at LaSalette has well water available in season. You can register for your plot at Bloomfield Leisure Services Office Monday - Friday from 9:00 AM - 5:00 PM. Registration begins April 1st.

Who: Gardeners
Fee: $ 15 / Resident $ 30 / Non-Resident
Dates: April 1st - November 1st
Location: 120 Mountain Road

Lisa Lane Community Gardens

The Lisa Lane Community Garden is a private / public collaboration between the Wintonbury Land Trust and Community Partners. Plots will be available on a first come, first serve basis and will feature 12 Garden Plots with two 4’ x 20’ raised beds. The Community Gardens at Lisa Lane will have Rain Barrel water available in season. You can register for your plot at Bloomfield Leisure Services Office Monday - Friday from 9:00 AM - 5:00 PM. Registration begins April 1st.

Who: Gardeners
Fee: $ 15 / Resident $ 30 / Non-Resident
Dates: April 1st - November 1st
Location: Lisa Lane Community Farm