

## Welcome Fall!

As summer winds down, we're heading into the season of cooler weather, vibrant leaves, and new beginnings. Whether you're back to school, gearing up for end of year work goals, or simply enjoying the change in pace - September is a time to reset and refocus.

### **Featured Spotlight** **September is...**

- SUICIDE PREVENTION MONTH (call or text 988 for help)
  - NATIONAL RECOVERY MONTH  
(to increase awareness surrounding mental health/ addiction recovery)
- NATIONAL PREPAREDNESS MONTH
- HISPANIC HERITAGE MONTH (9/15 – 10/15)
- NATIONAL HUNGER ACTION MONTH (9/23 – *Hunger Action Day*)



### **Fall Health Reminders**

- Get your flu shot
- Stay hydrated
- Watch out for seasonal allergies



# **VETERAN'S RESOURCE FAIR** **ON**

## **TACO TUESDAY**

September 23<sup>rd</sup>, 2025

from 1 pm - 7 pm



Veterans can meet with representatives  
for advice & information

Veterans will be offered a 10% discount  
on their meal and a free coffee or soda



**TJ BURRITO'S**  
**695 PARK AVE, BLOOMFIELD, CT 06002**  
**FOR INFORMATION CALL**  
**BLOOMFIELD SOCIAL AND YOUTH SERVICES**  
**(860) 242-1895**





# Senior Farmers' Market Nutrition Program

**Please refill your card or come apply for one before the season ends!**

**QUALIFIED INDIVIDUALS MUST:**

- BE A BLOOMFIELD RESIDENT (I.D. REQUIRED)
- BE 60 YEARS OF AGE OR OLDER
- MEET THE INCOME GUIDELINES BELOW
- BRING INCOME VERIFICATION

**2025 MAXIMUM INCOME LIMITS**

HOUSEHOLD SIZE	MONTHLY INCOME	ANNUAL INCOME
1	\$ 2,413	\$ 28,953
2	\$ 3,621	\$ 39,128
3	\$ 4,109	\$ 49,303
4	\$ 4,957	\$ 59,478

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## **RENTER'S REBATE PROGRAM**

This rebate is available to Connecticut renters who are 65 years of age or older; or under 65 years of age and receiving social security disability.

***Program ends Sept. 30<sup>th</sup>. If you received a letter stating we needed more documents, please send them in asap!***

**Maximum Gross Income**

Single Person: \$45,200

Married Couple: \$55,100

**Required documents:**

- 1) *your SSA 1099*
- 2) *2024 tax return (if one was filed)*
- 3) *2024 rent payment history*
- 4) *2024 utility payment history*

*Call or come in for an application.*

*330 Park Avenue 2<sup>nd</sup> floor 860-242-1895*

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Bloomfield's Food Bank is available to Bloomfield Residents. Fill out an application and provide proof of Bloomfield residency. There are 2 visits per month allowed. It is open on

**Weds from 1 pm - 3 pm & currently Fridays 10 - noon.**

Once a month there is a shopping day, which counts as 1 of your 2 monthly visits. Shopping Day is by appointment only. *On the first business day of each month, during normal business hours, call 860-242-1895 to make an appointment. Spaces are limited.*





**CT STAND DOWN 2025**  
**FRIDAY SEPTEMBER 19, 2025**  
**9:00AM – 2:00PM**

Our veterans are always in need of the right jobs, housing, and healthcare. The Connecticut Department of Veterans Affairs will hold its **Stand Down** event on **Friday, Sept. 19, 2025, from 9:00 AM to 2:00 PM** in several areas.

**LOCATIONS**

**Bridgeport**

University of Bridgeport, Wheeler Recreational Center, 400 University Ave.

**Southington**

Southington Armory 600 Woodruff Street

**Danbury**

Danbury War Memorial 1 Memorial Drive

**Norwich**

Easter Seals Veterans Rally Point, 24 Stott Ave.

**Rocky Hill**

CTDVA main campus 287 West Street

**Stamford**

UConn, 1 University Plaza

**For any additional information please contact:**

Call: [860-616-3772](tel:860-616-3772) or Email: [standdown@ct.gov](mailto:standdown@ct.gov)