

Bloomfield Commission on Aging  
Wednesday, January 7, 2026  
12:30 pm  
Agenda

Commission Members:

Robert Berman, Rosemary Gunning, Halesteen Graham-Days, Marie MacDonald, Patricia Miller, Barbara Reisner, E. Leon Rivers, Jeanette Rivers, Kay Sherman, Shirley Thompson, Peter Wilcox

I. Call to Order

II. Roll Call

III. Old Business

- a. A partnership with the West Hartford-Bloomfield Health District will bring multiple Health Education Programs each month beginning in January. Topics will include healthy food options, mental health, and information about chronic diseases.
- b. An Alzheimer's Association program on Tuesday, December 9 was rescheduled.
- c. Thirty residents attended the Traveler's Chorale Winter Concert at The Bushnell on December 17.
- d. There was a discussion on suggestions to support the COA Mission within the Senior Center (Friday Lunches, Happy Hour Plus Events, etc.)
  - i. Mission Statement: Our mission is to honor the dignity and diversity of our citizens who are age 55 or older through health, nutrition, transportation, and social programs that support and enhance the quality of life.

IV. New Business

- a. The Blue Hills Fire Department in partnership with the Bloomfield Senior Center hosted a Senior Holiday Luncheon at 12pm on Monday, December 22. The event took place at the Fire Department where 100 55+ residents enjoyed a meal, music, and bingo.
- b. Approximately twenty residents will go to the Boar's Head and Yule Log Festival on January 10.
- c. Further discussion regarding support of the COA Mission with guest, India Rodgers, Director of Operations and Communications.

V. Public Comments

VI. Approval of December Minutes

VII. Adjournment