

C



ME OUT & PLAY

**Winter /
Spring
2017**

BLOOMFIELD LEISURE SERVICES DEPARTMENT



REGISTER ON-LINE @ WWW.BLOOMFIELDREC.COM

Bloomfield Leisure Services Department - Registration Form

Bloomfield Leisure Services
 Department
 330 Park Avenue
 Bloomfield, CT 06002

Contact Information

Please check the Box for change of address

First / Last Name (Parent or Guardian)

Address

Town

Mobile Phone

Home Phone

Work Phone

Date of Birth

Gender- please check
 Male Female

Email

Emergency Contact

Mobile Phone

Home Phone

Work Phone

Participant	First / Last name	Gender Please Circle	Date of Birth	Grade	Activity Name	Fee
		M / F				
		M / F				
		M / F				
		M / F				
Total						

Waiver of Participant or Self and Photo Release

In consideration of my child's / ward's participation in the Town of Bloomfield Leisure Services Programs, including travel, I / we the undersigned do hereby agree for myself / ourselves, my / our child, ward, heirs, executors, administrators, and legal representatives that there are inherent risks involved in Town of Bloomfield Leisure Services programs. 1) I / we, for myself / ourselves and for my / our child, ward heirs, assignee(s), successors, executors, administrator(s), and legal representatives, acknowledge that such activities are potentially hazardous and pose a risk of injuries that can be significant and that I assume such risks. 2) I / we, for myself / ourselves and for my / our child, ward, heirs, assigns, successors, executors, administrators, and legal representatives, agree to defend, indemnify and hold harmless Town of Bloomfield and its agents, servants or employees from any and all claims, suits or demands by anyone arising my / our child's / ward's use of the Town of Bloomfield facilities and equipment. 3) I / we, for myself / ourselves and for my / our child, ward, heirs, assigns, successors, executors, administrators, and legal representatives, hereby release the Town of Bloomfield and its agents, servants or employees for damages for personal injury sustained by my / our child / ward while using the Town of Bloomfield facilities and equipment. I / we have read this waiver, hold harmless agreement and release of liability and fully understand its terms. I / we attest that the above information is correct and that my son / daughter is in good health and physically able to participate in Bloomfield Leisure Department Programs. I / we authorize the release of any medical information necessary for the Bloomfield Leisure Services Department, Bloomfield Working Parents, The Early Learning Center, or The Bloomfield Extensions program to process my child's registration in either recreation programs or Before & after care services. I/we authorize all representatives of the Bloomfield Leisure Services Department to act on my/our behalf for the purpose of obtaining emergency medical treatment for the registrant. Please note: Insurance: All persons participating in Leisure Services programs should carry their own personal health insurance. The Town of Bloomfield is not responsible for personal injuries. Participants in all department sponsored programs do so at their own risk. Only those enrolled in the program may attend. Photo Policy: By registering for a program, you give the Bloomfield Leisure Services Department permission to take and use photos of you/your child participating in the program for the department's promotional purposes. If you don't want to have you/your child's photo used in promotions, you must include this request in writing along with the registration form. The Town of Bloomfield's child and youth programs are not licensed by the Office of Early Childhood.

Parent / Guardian Signature / Self _____

Print Name _____

Date _____

REGISTRATION INFORMATION

When to Register

It is recommended that individuals register as soon as possible because space is limited. Non-Resident adults may register for instructional classes for an additional fee. Non-Residents may register for programs where noted. All other programs are for the exclusive enjoyment of Bloomfield residents.

By Mail, Walk-in or Online

In order to ensure registration for programs, your registration must be received by the Leisure Services Office one week prior to the first class of the program you want to attend, unless otherwise noted. Registrations may be made mailed in to the following address:

Bloomfield Leisure Services Department,
330 Park Avenue
Bloomfield, CT 06002

Register online at

www.bloomfieldrec.com



Payment

Check or money order. No cash should be sent through the mail. Cash and credit cards including Discover, Mastercard & Visa are accepted for all registrations. Make checks payable to the Bloomfield Leisure Services Department. Registrations are **ONLY** processed at time of payment.

Residency

All Youth Programs are for residents and non-residents. Non-residents may attend classes as indicated at an additional fee. Proof of residency requirements:

Adults

Adults may use the following forms of Identification to prove residency: Driver's License, Car Registration, Auto Insurance Card, A utility bill (electric, gas or cable major credit card bill),

Youth 17 & Under

Enrollment in Bloomfield Public School or eligibility to attend a Bloomfield Public School.

Refund Policy

Refunds for programs will be given only if a recreational activity is cancelled due to lack of registration or a department activity schedule change is made. Refunds for recreational activities will be given for proven medical reasons. However, refunds must be requested before the first activity period and must be put in writing. Once an activity begins there will be no refunds for that program. Checks returned for insufficient funds will be charged an additional \$25.

Register Early

Please keep in mind most classes require a minimum number of registrants for the activity to take place. If that requirement is not fulfilled three days prior to the start of that program, the activity will be cancelled. Registration is on a first-come, first-serve basis and class sizes are limited. It is important you sign up early for programs to make sure you get a spot in the activity and to ensure the activity is not cancelled.

Notification

Depending on how you register for programs will determine how you will be notified. If you register in person, you will receive a receipt of your transaction. If you register online or by mail you will be emailed a receipt for the activities you registered for. If your program is cancelled for any reason, you will receive a phone call from the Leisure Services Department to inform you of the cancellation and your refund options.

The Bloomfield Leisure Services Department has made every effort to prepare this publication as accurately as possible. However, errors may make it into print and circumstances may require program adjustments to fees, schedules, etc. We reserve the right to make such changes. We apologize in advance should you find an error or for any inconvenience these errors or adjustments may cause.

TABLE OF CONTENTS & IMPORTANT PHONE NUMBERS

Registration Form -----1	Bus Trips, Family & Special Events-----7
Registration Information-----2	Youth & Family Art Classes-----8
Table of Contents & Important Phone Numbers-----3	Youth Center, After School, Spring Break Camp -----9
Department Information-----4	Youth Activities-----10-11
Bloomfield Facilities, Parks & Schools-----5	Youth Sports Organizations-----12
Bloomfield Town Map -----6	Adult Activities & Community Gardens---13-15

Town of Bloomfield Phone Numbers

Youth Center-----	860-769-3566
Bloomfield Pool-----	860-761-3597
Senior Center-----	860-243-8361
Mini Bus-----	860-243-8364
Trash & Recycling-----	860-289-7850
Health District-----	860-561-7900
Social & Youth Services-----	860-242-1895
BATV-----	860-243-9710
Center Fire House-----	860-242-1779
Blue Hills Fire-----	860-243-8949
Prosser Library-----	860-243-9721
P. Faith McMahon Wintonbury Library-----	860-242-0041
Board of Education-----	860-769-4200
Adult Continuing Ed-----	860-286-2637
Bloomfield High School-----	860-286-2630
GEMS-----	860-769-6600
Carmen Arace School-----	860-286-2622
Metacomet School-----	860-286-2660
Laurel School-----	860-286-2675
Family Resource Center-----	860-769-5518

Community Groups Phone Numbers & Websites

Bloomfield Raiders Football-----	860-593-7216
www.bloomfieldraidersfootball.leag1.com	
Central CT Jaguars Track Club-----	860-794-2403
Chamber of Commerce-----	860-242-3710
First Congregational Preschool-----	860-242-0776
Junior Soccer League-----	860-578-4564
www.mybloomfieldsoccer.org	
Little League Baseball-----	860-286-9271
Wintonbury Hills Golf-----	860-242-1401
Youth Basketball-----	860-463-4436



Alvin & Beatrice Wood Human Service Center

330 PARK AVE.

- ← **COMMUNITY CENTER BATV-5**
- ← **SENIOR CITIZEN CENTER**
- ← **YOUTH CENTER SOCCER**
- ← **BASEBALL / SOFTBALL**

DEPARTMENT INFORMATION

Leisure Services Mission

The Bloomfield Leisure Services Department is committed to providing quality recreational opportunities, preserving natural resources, and managing a comprehensive system of parks and facilities dedicated to enriching the lives of a diverse and changing community.

Leisure Services Staff

David Melesko
Director of Leisure Services

Matthew Mace
Assistant Director of Leisure Services

Melissa Satchell
Administrative Analyst II

Tajj Howe
Clerk Typist II

Recreation Committee

Louis Blumenfeld, Chairperson

Donna Banks

Gail Nolan

Bloomfield Leisure Services

Alvin & Beatrice Wood
Human Services Center
330 Park Avenue
Bloomfield, CT 06002

Office Hours

Monday - Friday
9:00 AM - 5:00 PM

Phone Numbers

Leisure Office	860-243-2923
Leisure Fax	860-242-4267
Youth Center	860-769-3566

Website Information

Town of Bloomfield website
www.bloomfieldct.gov
Bloomfield Leisure Services online registration
www.bloomfieldrec.com

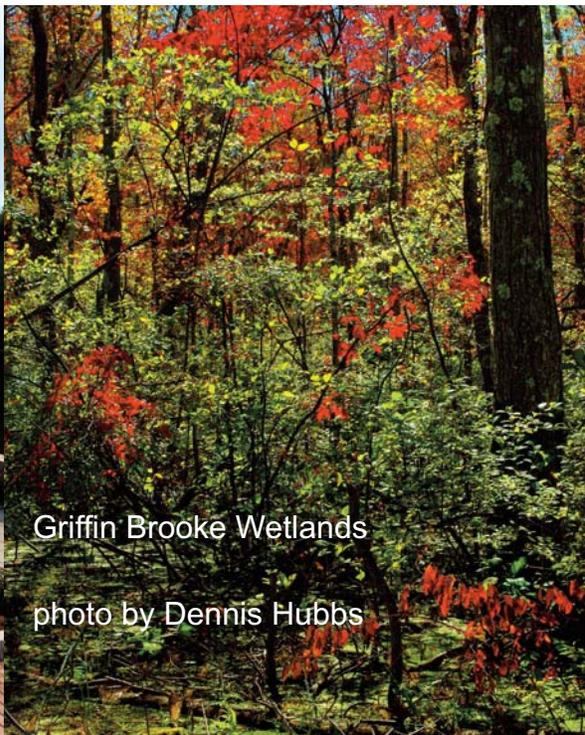
Bloomfield Leisure Services Holidays

It is the policy of the Bloomfield Leisure Services Department to curtail or cancel regularly scheduled recreation programs and activities on the following dates:

- Christmas Day - Monday, December 26th
- New Year's Day - Monday, January 2nd
- Martin Luther King Day, Monday January 16th
- President's Day, Monday February 20th

BLOOMFIELD FACILITIES PARKS & SCHOOLS

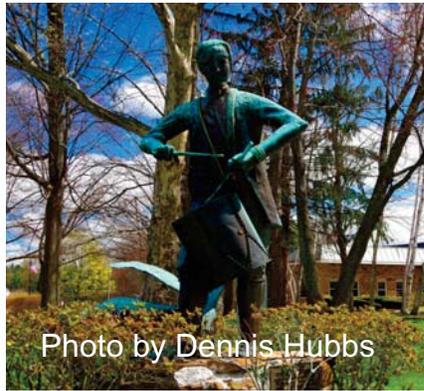
Bloomfield Facilities, Parks, & Schools	Address	Baseball / Softball	Basketball	Community Gardens	Cricket Fields	Fishing	Flying Club	Football	Golf	Hiking / Walking	Monuments / Memorials	Open Space	Picnic Areas	Picnic Pavilion	Playground	Boundless Playground	Soccer	Swimming	Tennis
Bloomfield High School	1 Huckleberry Avenue	X						X									X		
Carmen Arace Intermediate & Middle School	390 Park Avenue		X					X									X		
Laurel School	1 Filley Street				X							X			X				
Metacomet School	185 School Street	X										X			X		X		
Alvin & Beatrice Wood Human Services Center	330 Park Avenue	X	X					X				X				X	X		X
Farmington River Park	Tunxis Avenue Extension					X				X									
Filley Park	Tunxis Avenue									X									
M.K. Wilcox Park	71 Hoskins Road									X			X						
Samuel Wheeler Reed Park	School Street										X	X							
Bloomfield Municipal Pool	390 Park Avenue Rear													X				X	
Pershing Park	Allen Road		X										X		X				
Rockwell Ave / Bill Lee Field's	73 Rockwell Avenue	X	X												X				X
Wintobury Park	Shields Drive											X			X				
LaSalette Open Space	120 Mountain Road					X				X		X							
Lisa Lane Farm	1 Lisa Lane			X						X									
Maplewood Open Space	Mallard Drive		X									X			X				
Reservoir Number 2	Blue Hills Avenue						X			X	X								
Reservoir Number 3	Tunxis Avenue			X	X					X	X	X							
Sinnot Farms	Ryefield Hollow											X			X				
Town Green	Tunxis Avenue										X	X	X						
Wintonbury Hills Golf Course	206 Terry Plains Road									X									
Woodland Manor Open Space	Essex Lane		X									X			X				



Griffin Brooke Wetlands

photo by Dennis Hubbs

BLOOMFIELD TOWN MAP



BUS TRIPS, FAMILY & SPECIAL EVENTS

Family Bingo

Bloomfield families are welcome to join us for an exciting night of bingo and refreshments. Prizes will be awarded throughout the evening. Children must be 5 years of age or older and accompanied by a parent.

(Register by February 15th & April 25th)

Who: Bloomfield Families

Dates: Friday, February 17th

Friday, April 28th

Time: 7:00 PM

Fee: \$5 per person

Location: Alvin & Beatrice Wood Human Services Center - Bingo Room

B I N G O				
12	18	41	47	61
7	26	39	54	70
4	27	FREE 4785 SPACE	49	63
5	23	35	58	73
3	30	32	52	75

Boston on Your Own

Leisure time for shopping at Quincy Market, Newbury Street, Copley Place, and Downtown Crossing. Visit Haymarket Square, Haymarket: Boston's centuries-old open air market, offers the best deals on fresh produce. Bus departs from Route 5 and Main St. East Hartford, CT.

Who: Anyone

Date: Saturday, March 25, 2017

Time: E. Hartford Departure - 8:30 AM

Fee: \$67 / person

Location: East Hartford, Route 5 & Main street

New York City On Your Own

Times Square was named for the Times Building where the New York Times was formerly headquartered. Times Square has become an illustrious landmark and a symbol of New York



City. It has been a popular NY attraction for over a century. It is here that "Good Morning America" is broadcast live to the nation and where the New Year's Eve ball is dropped. Bus departs from Route 5 and Main St. East Hartford, CT.

Who: Anyone

Date: Saturday, May 16th

Time: E. Hartford Departure 7:30 AM

Fee: \$67 / Person

Location: East Hartford, Route 5 & Main street

Eggstravaganza



Bloomfield families are welcome to join us for a fun-filled day of craft projects, small games, and candy contests. Children must be accompanied by a parent. Families must register by Wednesday, April 5th.

Who: Bloomfield Families

Date: Saturday, April 8th

Time: 11:00 AM (doors shut at 11:15 AM)

Fee: \$2 per child

Location: Alvin & Beatrice Wood Human Services Center

Mommy & Me Gym Time

Open gym time for parents and pre-schoolers to spend quality playtime together. Visit with other parents while your children play together. Social time is important for everyone. Mats & soft balls will be available.

Who: Parents and Pre-Schooler

Dates: Thursdays, January 5th - June 8th

Times: 10:00 AM - 12:00 PM

Fee: Free

Location: Alvin & Beatrice Wood Human Services Center Gym



YOUTH & FAMILY ARTS CLASSES

Little Hands Big Things Winter Workshop **NEW**

Join young volunteers to create a winter landscape scene for Wintonbury Mall window display and make one to take home! Space is limited. **(Pre-registration required)**

Who: Children All Ages
Date: Saturday, January 28, 2017
(snow date February 4th)
Time: 10:00 AM - 12:00 PM
Fee: Free
Location: Alvin & Beatrice Wood Human
Services Center - Arts & Crafts Room

Creative Fun with Crayons & Watercolors **NEW**

Young artist will experiment with different textures, draw shapes, and explore color mixing. Space is limited. **(Pre-registration required)**

Who: Children Ages 2 - 6
Date: Saturday, February 25th - March 4th
Time: 10:00 AM - 11:30 AM
Fee: \$10 / Resident \$15 / Non-Resident
Location: Alvin & Beatrice Wood Human
Services Center - Arts & Crafts Room

Colorful Morning **NEW**

Start the weekend with colorful and creative fun! Space is limited.

(Pre-registration required)

Who: Children Ages 7 & up
Date: Saturday, March 18th - March 25th
Time: 10:00 AM - 12:00 PM
Fee: \$14 / Resident \$19 / Non-Resident
Location: Alvin & Beatrice Wood Human
Services Center - Arts & Crafts Room

Little Hands Big Things Spring Workshop **NEW**

Spring is for flowers, butterflies, and chalk painting! Space is limited.

(Pre-registration required)

Who: Children All Ages
Date: Saturday, April 15th
Time: 10:00 AM - 12:00 PM
Fee: Free
Location: Alvin & Beatrice Wood Human
Services Center - Arts & Crafts Room

Mother's Day Card Making Class **NEW**

Come make Mother's Day cards for your loved ones. Fathers are encouraged to attend with children. Space is limited.

(Pre-registration required)

Who: Children Ages 2 & up
Date: Saturday, April 22nd
Time: 10:00 AM - 12:00 PM
Fee: \$5 / Resident \$10 / Non-Resident
Location: Alvin & Beatrice Wood Human
Services Center - Arts & Crafts Room

Family Paint Night

We are partnering up with Senior Services to present a fun-filled, "create your very own work of art" paint night party! Make it a family event or bring a friend. No experience necessary. We will provide supplies; Artist and Multi-media Exploration instructor: Dolores Howard will explain what to do; and you will go home with your original work of art! Register either at Leisure Services or the Senior Center.

Who: Families
Date: Friday, February 10th
Friday, May 9th
Time: 5:30 PM
Fee: \$15.00 / person / night
Location: Alvin & Beatrice Wood Human
Services Center - Youth Center



AFTER SCHOOL, YOUTH CENTER & SPRING BREAK CAMP

After School at the Youth Center

After school at the Youth Center is a program for youth in grades 5-8 operating Monday - Friday from 3-6 pm at the Community Center. Parents will be responsible for transportation to and from the program. Many recreational activities will be available for the children including sports, arts & crafts and video games. Children will also have access to a dedicated homework room with limited homework assistance provided by staff. There is no program during school holidays or vacations. The drop-in program will have a membership fee and parents will need to complete a Pick-up, Medical information form. Children will sign into the program and will be supervised by Leisure Service's Staff.

Who: Grades 5 -8

Dates: Monday - Friday, January 23rd - June 9th

Times: 3:00 PM - 6:00 PM

Fee: \$100

Location: Alvin & Beatrice Wood Human Services Center - Youth Center



Youth Center

Located at the Alvin & Beatrice Wood Human Services Center, the Youth Center is a facility strictly for youth in grades 5-12 featuring a gymnasium, stereo system, 2 pool tables, a foosball table, and ping pong tables. The lounge area is a place for friends to hang out. If the mood strikes, participants may watch TV or videos or play one of the many board games available. The Youth Center is the home for the After School Program. At night, the center becomes a drop-in facility. Membership is required to participate in the Youth Center at a rate of \$10 for the season! The schedule of hours for the Youth Center are listed below.

Grades 9-12

Tuesday - Friday - 7:00 PM - 9:30 PM

Grades 5-8

Tuesday - Friday - 7:00 PM - 8:00 PM

Grades 5-12

Saturday - 7:00 PM - 9:30 PM



YOUTH ACTIVITIES

HotShots - Basketball Contest

This contest is designed for boys and girls ages 9 to 15 in three age groups 9-10, 11-12, and 13-15. The Connecticut Recreation and Parks Association, Inc. HotShots Contest is a statewide event. Each player will have one minute to shoot from "hotspots" placed on one half of the court. Starting at the center of half-court, the player dribbles into shooting range. The one contest challenges a player's speed, shooting, dribbling, and rebounding ability. Three-one minute rounds constitute the duration of play for each player. The top scorer in each division will move on to the next level of the contest.

Who: Children ages 9 - 15
When: Saturday, January 14th
(Snow Date Saturday, February 4th)
Boys & Girls 9-10 - 1:00 PM
Boys & Girls 11-12 - 1:45 PM
Boys & Girls 13-15 - 2:30 PM
Fee: Free
Location: Alvin & Beatrice Wood Human Services Center - Gym

Hoop It Up

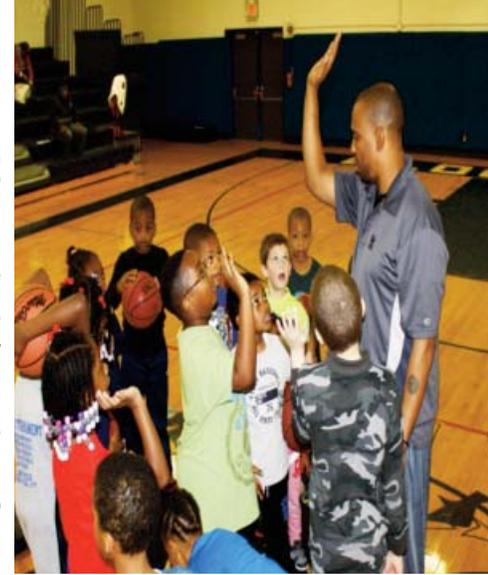
Basketball for kids in grades 2-5! Learn basic basketball skills in a fun environment. We put the "fun" in fundamentals. Participants will get a t-shirt and completions certificate at the end of the program.

Who: Children in grades 2 - 5
Dates:
Ses I-Saturdays, February 11th- March 25th
Ses II-Saturdays, April 22nd - June 3rd
Dates: 10:00 AM - 10:50 AM
Fee: \$50
Location: Alvin & Beatrice Wood Human Services Center - Gym

Start Smart Basketball

Teaches children the basic motor skills necessary to play organized basketball. The program focuses on teaching children and their parents to focus on skills in dribbling, passing, and shooting. One parent must participate with the child. Each participant will receive a t-shirt.

Who: Children ages 3 - 7
Dates:
Ses I - Saturdays, February 11th-March 25th
Ses II - Saturdays, April 22nd - June 3rd
Times: 9:00 AM - 9:50 AM
Fee: \$ 50
Location: Alvin & Beatrice Wood Human Services Center - Gym



Tennis Lessons by the Bloomfield Tennis Club

The Instructors will run the children through a series of drills. Where the instructors will feed tennis balls and instruct the kids as they move through the drills. The drills will incorporate forehands, backhands, and volleys. Serves will also be worked on as well. The class will conclude with fun games such as king of the court. We have instructors from the Bloomfield Tennis Club who will be instructing the lessons for us.

Who: Children Ages - 6 - 13
Dates:
Ses I - Mondays, January 9th - February 13th
Ses II -Mondays, February 20th - March 27th
Ses III - Mondays, April 3rd - May 8th
Times: 4:30 PM - 5:30 PM (6 - 9)
5:30 PM - 6:30 PM (10 - 13)
Fee: \$ 120 / session
Location: Bloomfield Tennis Club



YOUTH ACTIVITIES

Little Chefs

Youth will learn basic skills: measuring, mixing, pouring, spreading and cutting while making some of their favorite foods. Participants will learn to prepare their favorite meals in 45 minutes. Each child will create their own personal cookbook in this class.

Fee: \$30

Who: Children in Grades 2 -8

Dates: Ses I-Wednesdays, January 18th-February 22nd
Ses II-Wednesdays, March 15th-April 19th

Times: 6:00 PM - 7:30 PM

Location: Alvin & Beatrice Wood Human Services Center - Meeting Room 2



A.C.T U.P. with Tiffany Young

Introduces students to the fundamentals, basics and art of acting. Through this model, students will engage in a 6-week course where each individual is encouraged to participate and develop skills such as: eye contact, projection, diction, character development, and more. The final class for each session will be in the form of a showcase for parents, family and friends to witness what was learned throughout the six weeks.

Who: Children 7-12

Dates: Ses I-Wednesdays, January 11th - February 15th
Ses II-Wednesdays, February 22nd - March 29th

Times: Ages 7-9 - 5:45 PM - 6:30 PM
Ages 10-12 - 6:30 PM - 7:15 PM
Ages 13-15 - 7:15 PM - 8:00 PM

Fee: \$70 / Resident \$85 / Non-Resident

Location: Alvin & Beatrice Wood Human Services Center - Dance Studio



Spring Break Camp

Looking for something to do during Spring Break? Join us at the Alvin & Beatrice Wood Human Services Center for Spring Break Camp. Children in Grades K-8 will be able to do Art's & Crafts, board games, Xbox 360, the Wii, sports in the gym or hang out in the youth center and play pool or foosball.

Who: Grades K-8

Dates: Monday - Friday: April 10th - 14th

Time: 9:00 AM - 4:00 PM

Fee: \$50 / Resident \$ 100 / Non-Resident

Location: Alvin & Beatrice Wood Human Services Center - Youth Center



BLOOMFIELD SPRING YOUTH SPORTS

BLOOMFIELD JUNIOR SOCCER ASSOCIATION OUTDOOR SPRING SOCCER SEASON

Registration Fee:

Recreation players: \$60 for an individual, \$100 for two siblings, \$125 family maximum.

Travel players: \$60 per season, uniform fee is \$40. Returning players can use the same uniform they used in the Fall.

Registration and uniform fees are non-refundable.

Registration Deadline - Friday, March 31, 2017.

\$10 late fee will be charged for all registrations received after March 31st.

Register online at BJSACT.org

In-Person Registration Dates

Friday, March 3, 6:00 PM - 7:00 PM,
Carmen Arace Gym

Friday, March 10, 6:00 PM - 7:00 PM,
Carmen Arace Gym

Friday, March 31, 6:00 PM - 7:00 PM,
Alvin & Beatrice Woods Human Services Center.

Registration forms are available at the Leisure Services office or on our website.

Please visit www.BJSACT.org



Little League 2017

(Boys & Girls 4-12 years old)

Registration is currently underway for the 2016 season (April, May & June). Open to residents of Bloomfield and to students who attend school in Bloomfield (Private, Public, or Magnet) who will be 4 years old by April 30th

T-ball (ages 4 & 5, 6) \$60: -

Coach Pitch (ages 6 & 7) \$60: -

Low Minors (ages 8 & 9) \$80:-

High Minors/Majors (ages 10,11 & 12) \$80.

Register by February 27th and avoid the \$15 late fee.

Three easy ways to register.

1) Register on Saturday, February 20th 10:00 am - 3:00 pm @ the Community Center 330 Park Ave. Use the gym entrance.

2) Mail completed registration form with payment (check or money order) to: Bloomfield Little League
PO Box 923;
Bloomfield, CT 06002

3) Complete the form and bring with payment (cash, check or money order) to the Leisure Services Office 330 Park Ave Monday - Friday - 9:00 - 5:00 pm.

Registration forms are available at the Leisure Services Office or online @ eteamz.com/Bloomfieldlittleleague1. Coaches and Umpires are always needed, and we will train you. Opening Day is scheduled for Saturday, April 30th. Practices will begin early April weather permitting.



ADULT ACTIVITIES

Quilters-SAMPLERS & More Part 3



Join us for an 8-week session as we continue with the SAMPLERS started in the previous two classes - but again, add an easy pattern that works well for beginners and advanced quilters alike.

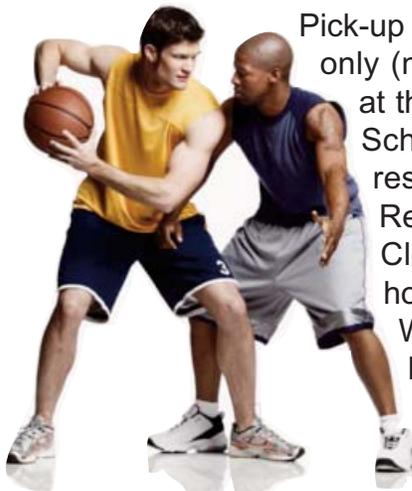
For the Sampler: bring your copy of the Leisure Arts publication: Learning to Quilt: A Beginner's Guide by Lori Yetmar-Smith. The leaflet includes instructions and fabric requirements for twenty (20)

different blocks. You can include all or any combination of blocks in your design. Order a copy on-line or from a local Barnes and Noble store.

For the other quilt : "In the Garden" is designed by a male quilter and has both crib size (42"x42") and queen size (94"x94") options. A list of fabric requirements and supplies will be available at registration.

Who: Adults
Dates: Thursdays - May 4th - June 22nd
Time: 6:30pm - 8:30pm
Fee: \$60/Resident \$70/Non-Resident
Location: Alvin and Beatrice Wood Human & Services Center - Ceramics Room

Adult Basketball



Pick-up basketball for adults only (no high school students) at the Carmen Arace Middle School. Proof of age and residency are required. Register in advance. Closed during school holidays.

Who: Adults 18 & up
Dates: Tuesdays, January, 3rd - April 24th
Thursdays, January 5th - April 27th

Time: 7:30 PM - 9:30 PM
Fee: \$25 / season

Location: Carmen Arace East Gym



Pickleball Anyone?

Pickleball is an increasingly popular sport which is much like playing Ping-Pong on a badminton court. We have two courts set-up for players to use.

Who: Adults 18 and up
Fee: Free
Dates: Mondays, January 9th - June 12th
Time: 6:00 PM - 9:00 PM
Location: Alvin & Beatrice Wood Human Services Center - Gym

Therapeutic Yoga Classes

What Is Therapeutic Yoga? Therapeutic yoga is a system of self-care which focuses on easy to learn exercises that can be done anywhere and anytime to promote: 1) Health and balance in the physical body, 2) Efficiency in breathing and energy levels, 3) Relaxation, calm and ease in the mind. Classes are easy to moderate and suitable for beginners. Please wear loose, comfortable clothing and bring a yoga mat and a light blanket. All levels welcome. For more information or questions about the class, call Beth Gibbs, at 860-219-1039 or Email her at bethgibbs@comcast.net

Who: Adults
Dates:
Ses I: Thursdays, January 5th - February 23rd
Ses II: Thursdays, March 9th - April 27th
Ses III: Thursdays, May 11th - June 29th
Time: 7:00 PM - 8:30 PM
Fee: \$56 / Res \$66 / Non- Res
Location: Alvin & Beatrice Wood Human Services Center - Music Room



ADULT ACTIVITIES

Walk Your Way to Health **NEW**

Walk the “self-guided, indoor path” at the Community Center on your own.

Who: Bloomfield Residents
 Dates: Monday - Friday
 Time: 9:00 AM - 7:00 PM
 Fee: Free
 Location: Alvin & Beatrice Wood Human Services Center



Steppin’(Chicago-Style)

For Beginners and Advanced Beginners! Come and step your way into fitness in an 8-week Chicago Style Steppin' class. Get a good, low impact, aerobic workout while learning the fundamental footwork of this exciting dance. No partners are necessary. Equipment required: comfortable shoes, preferably with leather soles. (Women can bring flats or low heels; No sneakers).



Who: Adults
 Dates: Mondays - March 6th - April 24th
 Time: Beginner - 6:30 PM - 7:30 PM
 Advanced Beginners - 7:30 PM - 8:30 PM
 Fee: \$60/Resident \$70/non-Resident
 Location: Alvin & Beatrice Wood Human Services Center - Dance Studio

We-Can-Work-It-Out **NEW**

Early morning group fitness program

This early morning functional fitness class is designed to get the day started off right. It has been proven to be the greatest way to maximize energy and get the most out of each day. The routines involved require very little equipment and teach participants unique and engaging ways to “Work-It-Out” when they are unable to get to the gym. Body weight exercises, cardiovascular exercise, balance, plyometric and isometrics are the primary focus of this program.

Who: Adults
 When: Mon-Wed-Fri
 Session I: January 23rd - March 24th
 (no classes on February 20th)
 Session II: April 3rd - May 26th
 Time: 9:00 AM - 10:00 AM
 Fee: \$65 / Resident \$75 / Non-Resident
 Instructor: DriveTrain Athletics
 Location: Alvin & Beatrice Wood Human Services Center - Gym

Fierce Fitness Bootcamp **NEW**

Join us for the Fierce Fitness Bootcamp in Bloomfield! Get your year started strong with one hour of body weight exercise, light weights, ab-work and a high impact workout designed to burn the calories, tone, sculpt and shred those extra pounds away. Bring your towel some water, and a mind to push through and have fun!



Who: Adults
 Dates: Ses I: Saturdays - January 7th - February 25th
 Ses II: Saturdays - March 4th - April 29th
 Time: Beginner - 11:00 AM - 12:00 PM
 Fee: \$60/Resident \$70/Non-Resident
 Location: Alvin & Beatrice Wood Human Service Center Dance Studio

Fitness For Hikers **NEW**

Join DriveTrain Athletics and discover the lifelong benefits of hiking!! Classes will meet twice weekly to learn the “strength” training required for hiking and participants will receive yoga and cardio training regiments via email to be completed independently during the off days. Weekend hiking suggestions and get together will also be planned for those interested in taking a hike!!

- Great Weight Loss and Strength Building
- Promotes Overall Health and Wellness
- Incorporates the Outdoors into Fitness Routine
- Injury Prevention
- Learn Essential Safety and Survival Skills
- Discover Mother Nature while Discovering Yourself

Who: Adults
 Dates: Tues and Thurs 6:00pm-7:00pm
 Ses I: January 24th - March 23rd
 Ses II: April 3rd - May 25th
 Fee: \$65 / Resident \$75 / Non-Resident
 Instructor: DriveTrain Athletics
 Location: Alvin & Beatrice Wood Human Services Center - Gym





Bloomfield Leisure
 Services Department
 330 Park Avenue
 Bloomfield, CT 06002

Presort Standard
 U.S. Postage
 Permit No. 5159
 Hartford, CT 06101

Postal Customer
 Bloomfield, CT 06002

COMMUNITY GARDENS

Reservoir Three Community Gardens

The community gardens are located at Reservoir Three. A community garden is a place to grow food, flowers and herbs in the company of friends and neighbors. Water is available from the reservoir and must be carried to the plots. Plots are available on a first come, first serve basis and are 20' x 35'. You can register for your plot at Bloomfield Leisure Services Office Monday - Friday from 9:00 AM -5:00 PM.

Registration begins April 1st.

Who: Bloomfield Gardeners
 Dates: April 1st - November 1st
 Fee: \$10 / Resident \$20 / Non-Resident
 \$ 8 / Seniors
 Location: Reservoir Three - Tunxis Avenue

Lisa Lane Community Gardens

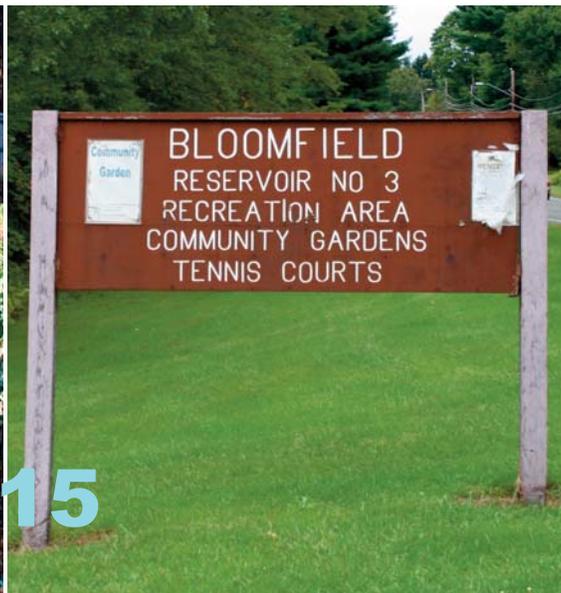
The Lisa Lane Community Garden is a private / public collaboration between the Wintonbury Land Trust and Community Partners. Plots will be available on a first come, first serve basis and will feature 12 Garden Plots with two 4' x 20' raised beds. The Community Gardens at Lisa Lane will have Rain Barrel water available in season. You can register for your plot at Bloomfield Leisure Services Office Monday - Friday from 9:00 AM - 5:00 PM or Online.

Registration begins April 1st.

Who: Gardeners
 Dates: April 1st - November 1st
 Fee: \$15 / Resident
 Location: Lisa Lane Community Farm



Lisa Lane Community Gardens



Lisa Lane Community Gardens